



Mammogram Test

Mammography Department

St. James Mercy Hospital, 1st Floor
411 Canisteo Street
Hornell NY, 14843
607-324-8253

To schedule an appointment: 607-324-8279

To fax to scheduling: 607-324-8221

What is Mammogram?

This is an x-ray test that examines your breasts.

How do I prepare for the Mammogram?

- Take your regular medications at your usual time.
- Please avoid wearing deodorant or powders the morning of your test.
- Please arrive 15 minutes before your appointment to complete the registration process.

Can I eat or drink before the test?

You may eat and drink normally, but your doctor may advise you to limit caffeine intake prior to your mammogram.

Do I need to bring anything with me when I come?

Please bring a signed requisition from your doctor.

What should I wear on the day of the test?

You may wear whatever clothes you choose, and you will wear a short gown during the exam.

What happens during the Mammogram?

The mammography technician will take you into the exam room. You will remove your top and bra and put on a gown. You will stand next to the mammography machine and the technician will place your breast onto an imaging plate. To get the best image, she will compress the breast, and ask you to stand still while she takes the picture. You will feel some pressure in your breast area that lasts for a few seconds. She will take two or three images of each breast. The Technician will briefly review the images to be sure they are clear, and then you will get dressed. She will not be able to tell you the results of your exam – the Radiologist will interpret your images.

How should I feel during the test?

You will feel some brief pressure in your breast area that lasts for a few seconds.

How long does the test take?

The Mammogram should take about 15 minutes.

How do I get my test results?

The Mammogram is reviewed by a radiologist, and sends the results to the doctor who ordered the test, who will contact you with the results. You will also receive a letter in the mail from the Mammography department.