



A Member of CHE Trinity Health

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# ***Public Service Announcement***

## St. James Mercy Hospital Offers Congestive Heart Failure Support Group

Congestive Heart Failure (CHF) support group meetings will be held starting the second Friday of every month. This month's meeting will be ***Friday, February 13, 2015 at 2:00PM*** in the Hospital's Cardiac Rehab department on the 2<sup>nd</sup> floor.

The Congestive Heart Failure support group is aimed at cardiac patients and their spouses, families and friends to provide education and support for both the physical and emotional aspects of heart disease. The group will be staffed by facilitators from the Cardiac Rehab Program who are specially trained in cardiac care. Patients have been shown to benefit through participation in a support group.

For more information contact Cheryl Farrand, RN at 607-324-8118.

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